ANNANDALE BOYS' AND GIRLS' CLUB, INC. (ABGC)
7236 COLUMBIA PIKE • ANNANDALE, VA 22003
(703) 941-4411 • FAX (703) 941-4412 • E-MAIL:ABGC@ABGC.ORG
www.ABGC.ORG

ABGC is the oldest youth soccer club in the Washington area and never denies anyone for lack of funds.*

The ABGC, Inc. OFFERS:

*** Cheerleading * Basketball * Rec/Travel Soccer * Indoor Soccer * Teeball * Boxing**
*** Lacrosse * Wrestling * Kung Fu/Tai Chi * Jazzercise * Football *Zumba**

To Register – Call ABGC at 703-941-4411 or go to www.ABGC.ORG
* Students eligible for Free or Reduced Lunch receive reduced or free registration.

We Need Your Help! Coaches, Referees, and Commissioners are needed! Basketball and soccer referees are always needed. No experience necessary, but must have knowledge of basketball or soccer rules. Basketball games are on Saturdays (some Sundays) from January – March. Soccer is played in the Fall and in the Spring. Coaches, Umpires and Commissioners are needed for tee ball and Coach Pitch Baseball. Call ABGC at 703-941-4411 for more details or to sign up.

CHEERLEADING –Contact Joy Lynch at 703-725-0138 or visit our website for more information.

LACROSSE - For boys and girls in grades 3-8. Players may register at www.annandalelacrosse.com

BASKETBALL - For Grades K-12. Cost is $62, with new players only $31. Registration begins in October, with practices starting in December. The basketball season runs from January through March.

WRESTLING – Registration opens in October for winter wrestling and the program starts in November. Cost is $80. Instructor: Keith Sholders

INDOOR SOCCER LEAGUES - Indoor soccer leagues for youth start forming in October for the winter sessions. Games are on Saturdays at the Annandale Sports Center in North Springfield for ages 5 – 10 only. Cost is $62and new players $47.

REC/TRAVEL SOCCER – Pre-K - 12th Grade. Registration for the Fall rec soccer season usually begins at the end of May. The Spring registration starts in mid-February. Contact Bo Amato at bo.amato@abgc.org for travel soccer information.

SPRING BREAK SOCCER CAMP - Held mid to late March, June and August. Registration will begin mid-January. Cost is $130 for full day or $70for half day.

BOXING - Boxing lessons are available year-round and are held at the Annandale Sports Center. Call 703-750-1751 for more information.

TEE BALL/ Spring & Fall - Registration for youth tee ball will begin mid-February. Tee ball is available for Kindergarten – 2nd graders.

COACH PITCH BASEBALL – Registration for grades 3rd thru 6th.

FOOTBALL – Contact Robert Meadows for information at lm1955man@yahoo.com.

KUNG FU/TAI CHI - Kung Fu and Tai Chi lessons are available year-round to youth and/or adults. Call Binh Dang at 703-914-1584 for more details.

JAZZERCISE - Contact Melany at 540-846-2592 or send an email: melanypollock1@hotmail.com.

ZUMBA - Contact Asuka at 703-300-7448 or send an email to: azuka-bom@comcast.net.